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EMERGENCY: DANIMAL DOWN

IN WHICH SHANNON
RELUCTANTLY SAVES THE
DAY WHILE BELITTLING
A MAN'S PAIN **PAGE 8**



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 **RED RIVER
COLLEGE**



Police taped off the scene at the Capri Building on Portage Avenue Friday night. SHANNON VAN RAES/FOR METRO

Man dead in unusual stabbing

Portage Avenue.

Woman allegedly killed
man who was attacking
her boyfriend on Friday

No updates

Police did not release any
more information on the
weekend.



**ELISHA
DACEY**
elisha.dacey@metronews.ca

Winnipeg police say a person has died after an unusual stabbing in the Capri Building on Portage Avenue that may have involved self-defence.

The stabbing apparently took place at about 9:15 p.m. Friday inside the small apartment building. Blood stained the wall outside, the ground and the door of the building.

Three people were taken to hospital. A man, 42, and a woman, 32, were taken in stable condition.

A second man, 39, was

taken in critical condition with upper-body injuries. Police say he died in hospital.

A young man on the scene said he heard from a Capri resident who witnessed part of the incident. He said that, according to the witness, a man had confronted a couple inside the building, beating up the boyfriend. It was at this time the girlfriend allegedly got a knife and stabbed the man.

The young man, who had gone inside the building to retrieve a jacket, said there was even more blood on the interior walls and landing.

WITH FILES FROM BERNICE PONTANILLA

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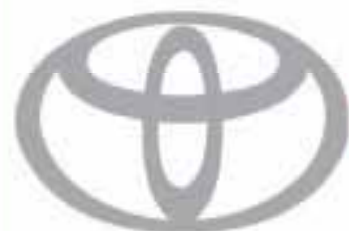
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Disturbing precedent?

Winnipeg police say they paid money to Lamb

Winnipeg police admit they took the "extraordinary measure" of paying for information from a man who ended up confessing to killing two aboriginal women — a confession the Crown says wouldn't have held up in court.

Supt. Danny Smyth said police were investigating a sex assault in 2012 and brought Shawn Lamb in for questioning. While he was being processed, Smyth said Lamb told police he knew where a body was.

After that, Smyth said Lamb clammed up.

Lamb, who has a lengthy criminal record, said he would talk to police if they deposited some money into his prison canteen account, Smyth said. Police made three payments — \$1,500 in total — so Lamb would cooperate with investigators.

"This wouldn't be something we would do routinely," Smyth said Friday. "It's the first time in my knowledge that we've entered into this kind of tactic, but we were prepared to take an extraordinary measure in this case."

In three subsequent police interviews, Lamb confessed to killing 25-year-old Carolyn Sinclair and 18-year-old Lorna Blacksmith and was charged with second-degree murder.

Manitoba's Conservative justice critic Reg Helwer said the tactic sets a disturbing precedent. **THE CANADIAN PRESS**



Sup. Danny Smyth METRO



Roundabout rollover

Two people were taken to hospital Saturday morning after a crash at a roundabout that left a car flipped over. Emergency personnel were called to the scene at about 2:30 a.m. at the corner of Nassau Street North and Gertrude Avenue. A male driver and a female passenger were taken to hospital in stable condition. Police said speed and alcohol were not factors in the crash. **SHANNON VAN RAES/FOR METRO**

Perimeter Highway. No serious injuries in 3-car crash up

No one was seriously injured in a chain-reaction crash on the Perimeter Highway Friday night that knocked out a traffic light.

RCMP said Sunday three vehicles were heading west and preparing to stop at a red light at St. Anne's Road around 5 p.m. when the third vehicle, a Saturn SUV, rear-ended the Toyota SUV in front of it, which in turn hit the Sebring car in front of it.

Taken to hospital

Occupants of the Toyota and the Sebring were taken to hospital with minor injuries and were released a short time later.

The Toyota SUV continued on and took out a traffic-light pole.

RCMP continue to investigate. **METRO**

Process same old, same old: Gerbasi

2.5 weeks. Not enough time to participate in budget, says councillor



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Winnipeg homeowners should know before the holidays how much less jingling there will be in their pockets.

The city's preliminary 2014 operating and capital budgets are expected to be tabled on Friday, Nov. 29, with a special meeting of council to deal with the budgets set for Dec. 17.

This is a two-and-a-half week window that is not enough time, said Coun. Jenny Gerbasi.

"They don't seem to be willing to make changes to the way the budget is done," said Gerbasi, who earlier this year lobbied for a more consultative process.

"This is the same old ap-

proach, the whole process is within a two-and-a-half week period from when it's made public and non-EPC councillors have had no information about what's in it."

However, finance committee chair Russ Wyatt said public consultations on the budgets have been going on for months.

"This year we did extensive budget consultations, more than we have done before," said Wyatt.

"We also include in that process standing committees which have called special meetings to consider the budget, including a special meeting of EPC for delegations on the budget, so there's more than enough opportunity for the public to still have input."

Wyatt would only confirm a proposed one-per-cent increase to property taxes for the Local Street Renewal Reserve program, which was introduced in the 2013 capital budget. The Reserve was meant to prepare streets, back lanes and sidewalks.



Coun. Russ Wyatt says pre-budget consultations were done this year.

BERNICE PONTANILLA/METRO FILE

11 NEWS



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White back at you, Winnipeg

Like many Winnipeggers, Fred Ali got to work shovelling the year's first real dump of snow at his Crescentwood home Sunday afternoon. Environment Canada says we'll have to get used to it, with a 60 per cent chance of more flurries Monday. SHANE GIBSON/METRO

'Consequences' in store for work-zone speeders

'You have to slow down.' Province looking to get tough on motorists who drive too fast through construction areas

The Manitoba government has announced plans to crack down on motorists who speed in work zones, three years after a speeding driver killed a young construction worker.

A bill before the legislature

would do away with a provision that requires drivers to obey a reduced construction-zone speed limit only when workers are present.

"It'll be very clear. When the signs are up ... you have to slow down. And if you don't, there will be consequences," said Infrastructure and Transportation Minister Steve Ashton on Friday.

The change was welcomed by the family of 21-year-old Brittany Murray.

"You're in a construction zone. There's worker presence. Maybe you're not going to see them right at the time,

but they can come out," said Murray's mother, Charlene Harrison.

The proposed law would require motorists to obey the reduced speed limit, regardless of whether workers are present. It also has a clause that allows for a second, lower speed-limit zone that could vary depending on the time of day or presence of workers.

The bill would increase fines for speeding in a construction zone so that they are double the fines for speeding in a non-construction zone.

THE CANADIAN PRESS

BATKID SAVED MORE THAN JUST GOTHAM, HE SAVED THE WORLD'S FAITH IN HUMANITY



WHAT'S GOOD
Ace Burpee

Is Batkid the most universally loved thing that has happened since the invention of the Internet? I'm going to go ahead and say yes.

San Francisco's Miles Scott, a five-year-old boy who has battled leukemia for years, got to live out his dream as a real-life version of Batman. The plan put in place for Miles was nothing short of genius,

and it caught the attention of, well, everyone — U.S. President Barack Obama included.

There is a valid question here: Who benefitted more from the elaborate and brilliant Batkid idea? Was it Miles, or the rest of this jaded world that is used to consuming stories far less inspiring?

Even some good-news stories or stories of generosity and kindness are often met online with a combination of "meh," skepticism, general indifference or vari-

ous forms of all three.

Batkid was different. It was really, really hard not to love the story. It will go down as one of the coolest things we'll ever see. For a brief period of time at least, Batkid not only saved Gotham, but sort of saved the world.

People want their faith in humanity restored. They want something inherently good. Batkid was that and more. Best.

ACE BURPEE IS A LOCAL WRITER, PRODUCER, RADIO-SHOW HOST AND SUPPORTER OF ALL THINGS GOOD



March of the penguin at Santa Claus Parade

A merry snow penguin smiles at the camera at the 104th annual Santa Claus Parade in downtown Winnipeg Saturday evening. The weather held off for the event, allowing tens of thousands of onlookers to see everything from giant robots to the jolly fat elf himself. For more photos, check out metronews.ca/winnipeg.

SHANNON VAN RAES/FOR METRO

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Perks. Federal workers rewarded with more than \$100K of gifts each year

Hockey tickets, camcorders, iPods, spa visits — even a gift card to the liquor store.

This is some of the half-million dollars of booty that one federal department handed out to favoured workers in the last five years.

The Treasury Board Secretariat, with about 1,900 employees, now spends well over \$100,000 each year on rewards for staff.

The annual value has quadrupled since 2006, when the Conservative government first came to power.

The value hit a peak of

\$135,000 in 2011, the year the Conservative government began cutting staff and programs to wipe out the federal deficit by 2015.

Treasury Board President Tony Clement has recently criticized the benefits available to public servants, and publicly vowed to trim them, putting him at odds with unions.

But internal documents show his department has been ever more generous with its so-called Instant Awards program, sometimes handing out goods and services worth as much as \$500 a pop. **THE CANADIAN PRESS**

Dozens injured

Tornadoes sweep across Midwest, killing at least 5

Dozens of tornadoes and intense thunderstorms swept across the Midwest on Sunday, unleashing powerful

winds that flattened entire neighbourhoods, flipping over cars, uprooting trees and leaving at least five people dead.

Illinois took the brunt of the fury as the string of unusually powerful late-season tornadoes tore across the state, injuring dozens. **THE ASSOCIATED PRESS**

Olympics. Sponsors may face pressure as Russia's anti-gay law persists

The four-month campaign protesting Russia's ban on "gay propaganda" is entering a new phase, as activists try to heighten pressure on the Olympics' top corporate sponsors to speak out before the Winter Games in Sochi.

The Worldwide Olympic Partners — among them Coca-Cola, McDonald's and Visa — have thus far sidestepped requests to explicitly condemn

the law, rebuffing efforts that included behind-the-scenes meetings and correspondence with Human Rights Watch.

Now, that organization and some of its allies have decided to go public. "It's taken months for the sponsors to formulate lawyerly responses that say nothing," said Minky Worden, director of global initiatives at Human Rights Watch.

THE ASSOCIATED PRESS

Pakistan planning to try ex-president for treason



Pakistan's former president Pervez Musharraf, centre, leaves after appearing in court in Rawalpindi, Pakistan, in April. Pakistan's government plans to put Musharraf on trial for treason for suspending the constitution while in power. ANJUM NAVEED/THE ASSOCIATED PRESS FILE

Musharraf. Former leader could face death penalty if convicted for suspending constitution while in power

Pakistan's government plans to put former president Pervez Musharraf on trial for treason for declaring a state of emergency and suspending the constitution while in power, the interior minister said Sunday.

Musharraf, a former army chief, would be the first military ruler tried for treason in a country that has experi-

enced three military coups in its 66-year history. He could face the death penalty or life in prison if he is convicted, but some question whether the country's powerful army actually will let that happen. Musharraf has maintained his innocence.

The government plans to send a letter to the Supreme Court on Monday asking that treason proceedings begin under Article 6 of the constitution, Interior Minister Chaudhry Nisar Ali Khan said during a news conference. The government made its decision after an investigating committee formed under the direction of the Supreme Court collected enough evidence for a trial, Khan said.

He insisted the government's decision to put the former president on trial was not a personal vendetta by Prime Minister Nawaz Sharif, who was toppled in a military coup by Musharraf in 1999. **THE ASSOCIATED PRESS**

Charges

"The constitution was ruined and violated. The judiciary was humiliated."

Pakistan Interior Minister Chaudhry Nisar Ali Khan

Uganda

Man faces charges after gay images found on laptop

A British man faces a court hearing in Uganda on Monday following the publication of images from his stolen laptop of him having sex with another man.

Bernard Randall, 65, faces charges of trafficking obscene material. Randall has called the charges, which carry a prison sentence of up to two years, "nonsensical." Also charged is Ugandan

Albert Cheptoyek, who faces charges of committing an act of gross indecency and up to seven years in prison.

Randall's laptop computer was stolen from his home and then photos on the computer were sent to a Ugandan newspaper, which published them. That led to the charges being pressed against him and Cheptoyek.

Uganda has harsh anti-gay laws and the country received international attention after a lawmaker proposed a bill that would mandate the death penalty for some gay acts.

THE ASSOCIATED PRESS

Germany

Man at centre of Munich art trove 'loved' his pictures

The recluse German collector who kept a priceless trove of art — possibly including works stolen by the Nazis — hidden for half a century says he did so because he "loved" them and says he wants them back.

Cornelius Gurlitt told German magazine Der Spiegel in an interview published Sunday that he wanted to protect the

collection built up by his late father Hildebrand, an art dealer commissioned by the Nazis to sell works that Adolf Hitler's regime wanted to get rid of.

Bavarian authorities say they suspect the elder Gurlitt may have acquired pictures taken from Jews by the Nazis — and that this may lead to restitution claims by the original owners or their heirs.

Gurlitt said everybody needs something to love. "And I loved nothing more in life than my pictures," the magazine quoted him as saying. **THE ASSOCIATED PRESS**

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Quebec. Snack-maker won't back down from native boy logo in holiday campaign

A Quebec snack-maker won't back down from plans to re-introduce a popular old logo of a cartoon aboriginal boy in a loincloth and feathered hat.

Krispy Kernels snack foods drew some criticism for a holiday marketing campaign featuring the old logo that hasn't been on the market for more than 20 years.

Its chip-package logo was well known for decades in Quebec, where the company is based.

It first appeared when the company was founded



Vintage bags of Yum Yum potato chips featuring their aboriginal boy logo. RYAN REMIOWZ/THE CANADIAN PRESS

in 1959 and disappeared in 1990 during the Oka Crisis.

THE CANADIAN PRESS

Saturday Night Live

NBC show mocks Rob Ford in opening sketch

Saturday Night Live has joined its late-night TV brethren in claiming a stake in the Rob Ford comedy gold mine, lampooning

Toronto's mayor.

SNL opened with Bobby Moynihan portraying Ford in a skit that parodied his repeated public apologies for such things as smoking crack, buying drugs, driving after drinking and using vulgar language. Ford was again targeted on their Weekend Update segment.

THE ASSOCIATED PRESS

Western studies porn's effect on relationships

Sexual health study.

A special appeal is being made for people who don't use porn but have a romantic partner who does



MIKE DONACHIE
Metro in London, Ont.

Do you watch pornography? Shy? Won't admit it?

That's the problem, say Western University researchers in London, Ont. Lots of people use porn but too few people admit it.

So they have made an unusual appeal. They want people to talk frankly — but anonymously — about their porn preferences to help a historic study into its effect on relationships.



Taylor Kohut, a research assistant at Western. MIKE DONACHIE/METRO LONDON

"We know that a lot of people are consuming pornography, both men and women," said Taylor Kohut, research assistant in the department of psychology. "We've known this for quite some time, although specific numbers are hard to pin down."

"We know that some

people think this is affecting their relationships in different ways. What we don't know is why or how."

There has been research into porn and sexual behaviour for more than 40 years, said Kohut, but no definitive study during the Internet age.

The work at Western, led by professors Dr. William

Fisher and Dr. Lorne Campbell, will be a first for the study of sexual health. It's been awarded a government grant of \$144,570.

An online questionnaire asks what people are looking at, whether they do it alone or with a partner, and how they think it affects their relationship.

Here's how to get involved

Can you take part in the Western University research into pornography? Absolutely! Here's how:

- The study itself can be found at goo.gl/duuwmW
- For more information about the research, go to smartla5.wix.com/smartlab or facebook.com/smartlabwesternu.

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Rumours of the death of cable TV have been greatly exaggerated

Cutting the cord, slowly.

While cheap streaming services are on the rise, only 3.5% of us have cancelled costly TV subscriptions since 2011

Watching television on the Internet is cheap and convenient, but so far only a small number of Canadians have cut the cord on traditional viewing as TV providers offer discount prices and spend more on programs to keep customers who pay bigger monthly bills.

The death of traditional TV watching has been overblown so far, say analysts who track viewing habits.

"The truth of the matter is the revolution hasn't

Birth of 'cord nevers'

Eric Rosenquist, who has a blog called Adventures in Canadian Cord Cutting, said a real change will come in viewing with younger Canadians, calling them "cord nevers," an industry term used to describe those who don't bother at all getting a TV subscription.

come," said Brahm Eiley of the Convergence Consulting Group in Toronto.

It's slow moving, with about 400,000 TV subscribers — 3.5 per cent — out of 11.8 million who have cut the cord since 2011, Eiley said, adding cord cutting started after the arrival of online subscription service Netflix in late 2010.

"TV is not dead," Eiley said.

Canadians watch about 28 hours of TV a week and another three hours on the Internet, according to the Canadian Radio-television and Telecommunications Commission.

But the movement to on-line viewing can't be ignored because it has a cost for TV providers. The average revenue that a TV customer generates is \$65 monthly, compared with almost \$45 for an Internet customer, Eiley said.

TV providers are fighting to keep every subscriber and Bell's Fibe TV has been leading the way with aggressive promotions noted by competitors Rogers and Videotron, which have lost customers in the intensely competitive environment.

THE CANADIAN PRESS



Bedside manner 2.0

The doctor isn't in, but he can still see you now. RP-VITA robots enable physicians to have a different bedside presence as they "beam" themselves into hospitals to diagnose patients and offer medical advice during emergencies. A growing number of hospitals in the U.S. are using telepresence robots to expand access to medical specialists, especially in rural areas where there's a shortage of doctors.

RICH PEDRONCELLI/THE ASSOCIATED PRESS

Trend. Once eggs dry up, old hens are dumped

Backyard chicken enthusiasts find the fun of bringing a slice of farm life into the city stops when the hens become infertile. Hesitant to kill, pluck and eat a chicken, some people abandon the animal in a park or rural area.

As a result, more old hens are showing up at animal shelters, where workers increasingly respond to reports of abandoned poultry.

Urban chicken populations have been on the rise since the mid-2000s.

THE ASSOCIATED PRESS

Random biz fact of the day

3

At least half of all job seekers with smartphones or tablets spend 3 hours or more looking for jobs on those devices every week.

CAREERBUILDER

Irish filling skill gaps in Canada

Western Canadian construction companies that are struggling to hire highly skilled workers will be offering jobs to almost 500 skilled Irish trades people, following a recruitment drive in Dublin and Belfast.

The job fairs were organized by the B.C. Construction Association and drew about 800 people in Belfast on Oct. 31 and about 2,000 others in Dublin on Nov. 2, said Abigail Fulton, vice-president of the B.C. Construction Association.

Looking to hire were 28

companies mostly from B.C. and Saskatchewan, although two came from Alberta, added Fulton. A college and two construction associations also set up booths at the event.

"These are highly skilled positions, in specific trades where there are critical shortages, and these people, for the most part, particularly in B.C., are coming in as permanent residents," said Fulton.

The B.C. government has predicted there will be more than one-million job openings

in the province over the next decade, and more than 153,000 of those will be among trades, transport, equipment operators and related occupations.

But there is also an immediate need for workers and Ireland appears to have a surplus, especially after its economy crashed in 2008. In fact, Fulton has said previously that one job fair last year drew 20,000 people.

Employers attending this year's job fairs were looking for skilled workers like heavy-duty

mechanics and metal fabricators, said Fulton, and she expects there'll be about 484 job offers — and half of those will be made by employers subject to collective agreements.

"This is not just a case (of), you know, low wages ... jobs."

Many of the recruits will be coming to Canada under British Columbia's provincial nominee program, which allows the province to bring in immigrants and their families on a permanent basis, she added.

THE CANADIAN PRESS

Commuting chaos

Truckers halt traffic in France to protest new tax

Between 2,000 and 4,000 freight trucks closed off major French highways and slowed traffic Saturday to protest a proposed environmental tax on heavy loads.

France's Interior Ministry estimated 2,100 trucks took part; the protest's organizer, OTRE, which represents truckers, counted 4,000.

THE ASSOCIATED PRESS

Popular sushi-grade fish

Hold quota on vulnerable bluefin tuna: Activists

Conservationists are urging the federal government not to ask for a greater quota of western Atlantic bluefin tuna when officials meet in South Africa to discuss the lucrative, but vulnerable species.

Fisheries says bluefin landings in Atlantic Canada were worth about \$11.6 million in 2012.

THE CANADIAN PRESS

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Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 11

metronews.ca/temp

Financially unstable

'The bank won't lend you money'

Temporary work in Canada presents a number of uncertainties on the job, but one real-estate agent in Saskatoon said those uncertainties go beyond the office.

Agent Paul Chavady says banks aren't willing to provide mortgages to those working in temporary positions.

"The bank won't lend you money," he said. "They require a stable income where a worker is permanently employed and off probation."

While real-estate agents in Saskatoon don't usually deal with rental properties, he said he would have no problem renting a temporary worker an apartment, but said he would be hesitant about signing a long-term lease, as the financial situation of a temp is too fluid. **METRO IN SASKATOON**



GETTY IMAGES

Temp vs. Perm

16%

A recent Statistics Canada study showed that temp workers earn on average 16 per cent less than their permanent peers.

Temp Enters a Universe of Pain

It was a Quentin Tarantino standoff where everyone holds up a gun at everyone else, except there weren't guns, just words and emotions. The Danimal looked at Kyle and then at Sarah and hissed. "You cradle robber."

Sarah shot back, "What about you, Dan?" (Referring to moi.)

"I'm only here with Shannon to talk business."

"Yeah right, cowboy."

Danimal walked up closer and that's when Kyle slugged him in the gut — well, more like where your gut touches your rib cage. It sounded like a kettle-drum and Danimal fell to the floor shouting astonishingly unprintable things at Kyle and Sarah, who up and left.

"What is wrong with that kid!" shouted Dan, "Oh my God, the pain!"

"Thanks for accusing me of spying," I said.

He coughed. "Shannon, take me to emergency. I think I'm going to die."

We went to his BMW where he curled into a ball in the passenger seat while I drove.

I said, "I really shouldn't be doing this. You're mean."

"Just take me to Crown Permanente."

"Oh. Going to the rich people's hospital are we?"

"Please drive."

We arrived and Danimal hobbled out of the seat and into Emerge, an oasis of calm with tastefully matched fabrics and gentle lighting. There was a copy of *Modern Symphony* magazine



on the walnut-inlaid coffee table. We went to the desk where a supermodel was moonlighting as a nurse on duty.

Dan groaned, "I need an X-ray. Quick."

"Of course, sir. I'll need to take an imprint of a credit card. We accept all major cards."

The Danimal walked up closer and that's when Kyle slugged him in the gut — well, more like where your gut touches your rib cage.

Danimal looked in his pockets. "Oh jeez, it's in the pocket of the jacket that went out for dry-cleaning today. Just let me in. I'll bring it tomorrow. I'm totally insured."

I could see that our supermodel had been through this many a time. "I'm sorry sir, but without an imprint of a valid card with the correct credit limit, I'm afraid there's nothing further we can do."

"I—" He was speechless.

"Welcome to my world," I said. "Get back in the car. I'll take you to Saint Eustace."

"That's in the worst part of town."

"What's your point?"

So we drove off to Saint Eustace. "It's just a slug in the gut, Dan. How bad can it be?"

"He broke something. Or damaged my heart. I can tell. Oh my God, the pain!"

We pulled up to Saint Eus-

Random fact of the day

- The total weight of ants on Earth is about the same as all the weight of humans.



SOURCE: WTFUNFACT.COM

tace, which resembled the battle-ravaged Vietnamese village remains in part three of *Full Metal Jacket*. A conga line of sick and wounded people stretched out the front door and into the street. One quick wardrobe change and you'd have *Les Misérables*.

"I can't go in there," Danimal said.

"It's either that or nothing. Want me to take you home?"

"No!"

"OK, then join the line."

TO BE CONTINUED...

Random biz fact of the day

85%

Smile like you mean it — 85% of the decision to hire or promote an employee is based on the individual's attitude.

SOURCE: NEXCAREER

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#IDIOTS TWEETING CHECKSTOPS

Social media can be a wonderful tool to share photos of nature, inspirational stories about Bat-kid, or jokes about Rob Ford. Actually, even just facts about Rob Ford are pretty great, too.

Unfortunately, social media can also be used by tools to share things like photos of their abs, excruciating details about fantasy sports teams, or — the focus of this particular rant — the location of police checkpoints for impaired drivers.

As the holiday season draws closer, police will be ramping up their annual checkpoint program, and an increasing number of idiots will take to Twitter to warn others about the locations of these operations.

Some might naively think they're only helping responsible drivers to avoid getting caught up in checkpoints; others are trying to help their buddies not get busted, while some clearly oppose the entire program by referring to "illegal police checkpoints."

Whatever the reason, sharing checkpoint locations is a dumb



URBAN COMPASS

Colin Fast

winnipeg@metronews.ca

choice that compromises everyone's safety, including the drunk morons behind the wheel.

While police say it's not technically illegal to post this kind of information online, it certainly is morally questionable.

"It is extremely frustrating for police to know that members of the public are warning impaired drivers of these locations and allowing them to avoid detection," says Staff Sgt. Rob Riffel of the Winnipeg Police Service.

"Impaired driving is a very serious offence that affects totally innocent people and I'm not sure what justification someone could have to basically enable the offender."

And really, that's what you're doing when you tweet out the location of a checkpoint. You're helping impaired drivers with their getaway plans. Or even worse, you're increasing the odds they'll get into an accident and hurt themselves or someone else.

This issue hit a boiling point in Toronto a couple of years ago,

causing Toronto police Sgt. Tim Burrows to tweet the following reality check at online offenders:

"If you tweet a #RIDE location tonight, make sure you also apologize tomorrow to any families who lose a loved one to a drunk driver."

Now that Winnipeg police are more active online (follow them on Twitter @wpgpolice), I asked Riffel if there are plans to monitor tweets about checkpoint locations and possibly even follow Burrows' example in educating users about their irresponsible tweets.

"We have only recently turned to social media and are actively exploring ways to use it to educate the public," he explains. "So, at some point I can see using it for this purpose."

But fortunately, social media allows us all to help police with this behaviour. If you see someone posting details of checkpoints online, then call them out on it or just unfollow them completely.

And if you drive by a checkpoint and are tempted to tweet, stop and think about what you're really doing, and consider if you're being just as dumb as those who choose to drink and drive.

ZOOM

The terror of the monkey's mask



COURTESY PERTTU SAKSA

Monkeys forced to dance in public

Finnish photographer Perttu Saksa has explored Indonesia's chilling world of dancing monkeys — macaque monkeys clad in dolls' masks and children's clothes, trained to behave like humans and then sent out onto the streets to beg for money.

"They are sort of a mirror," says Saksa on how he

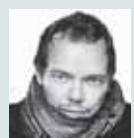
highlighted the monkeys' weird, anthropomorphic quality.

"By making the monkeys the centre of my images, I focus on ideas of a more universal nature, like whether or not we should feel empathy towards them."

So for Saksa, the portraits are a barometer of gauging indifference towards others' suffering.

METRO

Photog's viewpoint



"They are animals, forced to behave like humans do.

Of course all of them were very stressed, some of them were sick."

Perttu Saksa, artist/photographer, 35

Clamping down

- Last month, Jakarta authorities began clamping down on street monkey performances. The city government is buying back all monkeys used as street buskers and donating them to zoos.

- Jakarta Animal Aid Network says 350 animals work as street performers.

A hearty gesture

Pope promotes prayer like meds — crowd gets pillboxes of rosaries

Joking that he's like a pharmacist, Pope Francis is promoting prayer as medicine for the heart.

Appearing on Sunday at his studio window, Francis held up a rosary in a box designed to resemble a packet of pills, before volunteers distributed thousands of those boxes, which feature a design of a human heart.

Francis said he was recommending reciting the rosary prayer as a "spiritual medicine" that is "good for the heart."

Francis's down-to-earth way of speaking, in a style ordinary people can readily understand is drawing



A box, shaped like a pillbox, contains a rosary that was distributed at the end of Pope Francis's traditional Sunday appearance in St. Peter's Square.

GREGORIO BORGIA/THE ASSOCIATED PRESS

larger-than-usual crowds to St. Peter's Square for his traditional weekly appearances. About 80,000 tourists and Romans packed the square on Sunday.

THE ASSOCIATED PRESS

Twitter



@metropicks asked: Canada has been criticized for sending only \$5M and 1 DART team for Philippines disaster relief. What do you think is the best way to help?

@jeffoulds: Alot better then China. \$1.5 million

@matdey1980: ask the sport stars, they got money coming out if the wood works!

@jeangra68434593: Donate CASH to The Salvation Army and The Red Cross. Those on the ground know specifically what is most urgently needed & where

@SmithMuranocity: give me the 5MM we do what we can not what they want

@commsghost: don't send Anything !!

Follow @metropicks and take part in our daily poll.

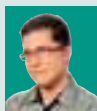
WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

Ebooks

12 Years a Slave

By. Solomon Northup

iBooks for iPad/Mac


MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

It takes an insidious plan to kidnap an intelligent, observant man like Solomon Northup, and harrowing brutality to keep him enslaved afterwards. No wonder a movie has been made of his determined escapes from strange cruelties and stranger men. This Bybliotech edition gives better care to its illustrations and makes the 160-year-old text easier to understand with audio narration.

Box office
Thor hammers competition

In an unlikely battle of sequels, Thor: The Dark World bested The Best Man Holiday at the box office. Disney's Thor: The Dark World continued its box-office reign with \$38.5 million in its second week of release, according to studio estimates Sunday. Opening 15 years after the original The Best Man, Universal's The Best Man Holiday opened strongly with \$30.6 million. **THE ASSOCIATED PRESS**



In 12 Years a Slave, Brad Pitt plays enlightened Canadian carpenter Samuel Bass, who in real life was from Ontario's Augusta Township. CONTRIBUTED

Catching Canada's Bass

12 Years A Slave. Descendants of the real-life Samuel Bass learn of their ancestor

His torment ends only after a chance encounter with an enlightened Canadian carpenter, Samuel Bass, played by Brad Pitt, who agrees to help him contact friends who can vouch for his identity.

Pitt's character is based on a real-life figure from Ontario's Augusta Township, and 160 years later, his descendants say they are amazed to learn of their forefather's brave response to a man in need.

"The movie is about Solomon Northup, right? But we would never have heard of him, I guess, if he hadn't met my great great great grandfather," says 50-year-old Kenora, Ont., resident Laurie Morris, whose mother is descended from Bass's second daughter Hannah. "For the Canadian side of things, it shows we're good people. I just imagine being down there and being the only Canadian with an opinion like that."

Morris and other descendants say they are only now discovering details about Bass, who left Canada sometime around 1840 and took on a series of carpentry jobs throughout the United States.

It turns out that other aspects of his life were not so honourable — census records show he left behind a wife, Catherine Lydia Lane, and four daughters: Catherine, Hannah, Martha Maria and Zeruah Bass, says Bonnie Gaylord of the Grenville County Historical Society in Prescott, Ont.

Morris' 75-year-old mother says that could be why she had never heard of Samuel Bass until 12 Years a Slave.

"He wasn't talked about in our family. I guess it was because he was never around," says Rae Moulton Todd of Prescott, located about 100 kilometres south of Ottawa, near the original Bass family farm.

"It is kind of exciting. And

Bass' background

This past summer, historian and author David Fiske traced Bass to southern Ontario. He says he became curious about the man's background after doing some broader research on the book 12 Years a Slave for Fox Searchlight's marketing department in advance of the film's release. He found the link in Sue Eakin's 2007 enhanced version of Solomon Northup's 12 Years a Slave and Plantation Life in the Antebellum South, which included material from the diary of a lawyer Bass hired to draw up a will.

then I turn around and I think, 'He really was a big jerk.' He left his wife and four daughters here to be looked after by whoever."

THE CANADIAN PRESS


TEMP2710

Good friends. Good food. Good times.

MARGARITAS
& Chicken
Fingers

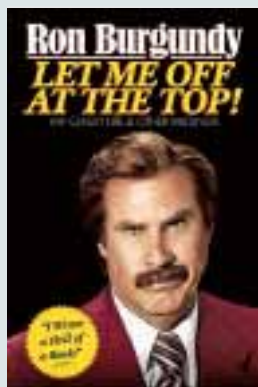
Let us introduce you to your next favourite book

With winter's grip starting to tighten, there is no better way to spend a cold night than curled up in bed or in your favourite chair with a good book. Here are three suggestions to get you in the reading mood.

EMILY LAURENCE

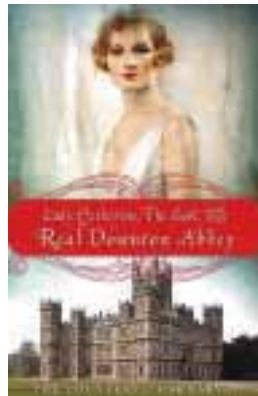
Let Me Off At The Top! My Classy Life & Other Musings, by Ron Burgundy

You don't have to wait until the release of *Anchorman: The Legend Continues* to hear some of Ron Burgundy's wise words. The anchorman, played by Will Ferrell, is releasing a classy new book Tuesday and while it doesn't smell of rich mahogany, it includes plenty of personal anecdotes. From dispelling myths about his hair to his secret to musings about the women he's loved, Burgundy's short stories are personal and detailed.



Lady Catherine, the Earl, and the Real Downton Abbey, by The Countess of Carnarvon

Downton Abbey fans will devour this new true story, written by the Countess, whose first book inspired the show. After her last book spent nearly a year on the New York Times best seller list, the royal author is back with another page-turner full of royal scandal and affairs. In the book, a divorced Lady Catherine faces the heartache of war when her husband, ex-husband and son all join the military.



The Ministry of Guidance Invites You To Not Stay: An American Family In Iran, by Hooman Majd

Moving from Greenpoint, Brooklyn to Iran proves to be quite the culture shock in this true story, written by Iranian-American journalist Hooman Majd. Majd's wife is from the Midwest and doesn't blend in so easily — even when wearing a head scarf. The challenges they face range from trivial (hunting for booze) to serious (it's 2011 and US-Iran relations



are not exactly friendly) and make this book as entertaining as it is heart-warming.

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Who's the best Batman, Ben? A gutsy five-year-old

Ben Affleck is getting ready to suit up as Batman for Batman vs. Superman, but he's smart enough to know when he's been bested. After the Make-a-Wish Foundation helped transform San Francisco into Gotham City Friday for the benefit of 5-year-old Miles Scott — who quickly became known as Batkid — Affleck took to Twitter to show his support. "Batkid. Best Batman ever," he posted.

Pop Goes the Week

Beckham's big Knight may change Posh's constant scowl



STARGAZING
Malene Arpe
scene@metronews.ca

David Beckham is in line for a knighthood. That explains why his wife, while writing "Lady" 756 times this week had a brief facial expression other than scowling.

A man nails his privates to the ground in the Red Square to protest Russia's devolution into a police state. In unrelated news, Steve-O has been reported missing from his Los Angeles home.

Reasons that Liongate's possible Hunger Games theme park is a really fantastic idea. 1) The Rollercoaster of Random Weapons and Disembowelment is super-fun. 2)



Squirrel on a stick may be neither healthy nor delicious, but it sure is cruel. 3) If your kids go missing while at the park, you can find them at the Lost and Drowned.

Justin Bieber's new song contains the lyrics, "Ooh, you know females/ And how they like to run their mouths." The song continues, "I'm so sorry/ I didn't mean it / I'm too little for corporal punishment/ And my rhymes suck/ #respectyourmothers. This week in tiresome

millionaires: 1) Justin Timberlake complains about critics and says that sometimes he "just wants to bleeping kill everybody." 2) Olsen twin Mary-Kate says that people who don't like her and her sister — purveyors of \$55,000 crocodile backpacks — have "an uneducated perspective." 3) Tom Cruise belatedly scoffs at his own statement that acting sometimes is as hard as fighting in Afghanistan.

Stevie Nicks will guest on American Horror Story. TOO MUCH HAPPINESS.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES



Lady Gaga. ALL IMAGES GETTY

She may live fast but Gaga's not dying young

Lady Gaga is currently 27 years old, a fateful age for famous musicians, as that's the age at which Jim Morrison, Jimi Hendrix, Janis Joplin, Kurt Cobain and — most recently — Amy Winehouse, passed away. But Gaga insists she won't be joining the 27 Club. "I want to show people that I

will last past 27 and I will last longer, and so will you," she says during an interview with New York radio station Z100. "I want to change this code in the atmosphere that in order to be remembered, I must die young. In order to be remembered as a legend, I must be dead first. This is unhealthy."



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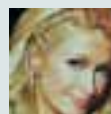
Brad and Angelina have a Jolie good reunion at the Governors Awards

Brad Pitt kissed Angelina Jolie after her grand entrance at the film academy's Governors Awards Saturday night having been kept apart for weeks by busy schedules. Jolie received the Jean Hersholt Humanitarian Award, while Steve Martin and Angela Lansbury were given honorary Academy Awards for their distinguished careers. "Receiving

the Hersholt award makes me feel like I am on the right path but also reminds me I have more to do," Jolie told The Associated Press this past week. The actress-director is co-founder of the Prevent Sexual Violence Initiative and serves as special envoy for the United Nations High Commissioner for Refugees.



Twitter



@ParisHilton

Just had the most incredible deep tissue massage down at the spa. Feel so relaxed. Perfect way to cure my jetlag. Now time for a swim!



@rosemcgowan

I want a cheeseburger



@SarahSilverman

Other than a couple primal screams I haven't spoken aloud in a good 36 hours



Justin Bieber

Bieber in the neighbours' bad books

After an eventful tour leg through South America, Justin Bieber was probably hoping to have some relaxing time at home without any more trouble during his break in Los Angeles. Good luck with that. The 19-year-old pop star's neighbours reportedly called the police multiple times early Saturday morning with noise complaints, resulting in two visits from the Los Angeles County Sheriff's office, according to TMZ.

Travel tip

All-inclusive is the way to go



IT'S ALL
RELATIVE
Kathy Buckworth
Kathybuckworth.com

Visiting an all-inclusive

resort located on a hot sandy beach can be the perfect way for families to get fun, sun, and all-you-can-eat buffets designed to satisfy even the pickiest eater. Kids Clubs and a variety of activities for the whole family can keep everyone happy. But beyond the walls of the all-inclusive is likely a new country with history, culture, art, adventure,

and cuisine to discover. Many resorts or vacation providers offer daily or overnight trips which leave from the resort and deliver an easy, hassle-free way to take advantage of the riches of the region. There is usually a selection of active adventure trips, visiting local villages or enjoying a cultural experience such as a museum or theatre.

Families can try local food, shop in markets for authentic goods, try unique physical challenges and contribute to the local economy while learning about the rich history. Transportation and accommodations are arranged for a hassle-free sojourn before returning back to the comfort and relaxation of the all-inclusive.

Exclusively online



- Parenting — it's like being a contestant on Let's Make a Deal. Find out why, and get a great cocktail recipe, at metronews.ca/voices. For the best-selling new mommy gift, pick up Reasons Mommy Drinks, by Lyra Martin Evans and Fiona Stevenson, in bookstores now.

Temps in your family

A "now playing the role of..." voice-over is all it takes to swap actors out on daytime soaps. The newbies pick up right where their predecessors left off. Imagine if your family members could be subbed out for telegenic temps...

Here are a few characters who would make excellent temporary relatives

MIKE DOJC/FOR METRO



Pet: Brian Griffin (Seth MacFarlane)

Harry S. Truman once advised getting a dog if you wanted a friend. Pooches offer loyal companionship and unconditional love. You may love them right back, but there's still always the hassle of cleaning up after them and taking them on walks. With Brian, there are no strings attached. He can totally take care of himself, so no poop scooping. Besides, he's a talking dog and incredibly smart. But make sure to lock up your liquor cabinet, as he has a nose for dry martinis.



Father: Robert Crawley (Hugh Bonneville)

A dapper well-bred gent, Robert may be a bit of a traditionalist, but at the same time he's always hip to the latest technologies, jumping at the chance to modernize Downton Abbey with electric chandeliers and telephone lines. Most importantly, he's an excellent dad who loves his daughters dearly. While he may initially disapprove when Sybil runs off with the chauffeur or Edith starts writing for the newspaper, he always comes around and eventually accepts decisions they make that further their happiness.



Mother: Rayna James (Connie Britton)

Nashville's Queen of Country — pretty much an amalgam of Reba McEntire, Faith Hill and Tami Taylor from Friday Night Lights — is sweet as tea. Despite decades atop the charts, this big-hearted star remains down to earth. How many other multi-platinum artists do their own grocery shopping? While her man situation can get complicated, she's always protective of her daughters. Her priority is shielding them from any drama. The only downside to having Rayna as a mom would be listening to your friends blather on about your yummy mummy.



Sister: Ann Perkins (Rashida Jones)

A great friend and confidante, Parks and Recreation's Ann Perkins is loyal almost to a fault, always putting the needs of others above her own. Above all, her most unique talent is fading into the woodwork while making other people shine. A top-notch straight woman, having her around will make your jokes seem way more hysterical. Also, considering how well she tolerates the oddball antics of Tom, Chris, Andy et al., you won't have to worry about any of your buddies creeping her out.



Wife: Jess Day (Zooey Deschanel)

The ultimate manic pixie dream girl, Jess is as bubbly as she is beautiful. The textbook definition of "adorable," she constantly radiates sunshine while rocking Kewpie-doll-cute outfits. She's also loving, loyal and supportive to her circle of friends and is amazing with children. Besides, even Jess' borderline annoying habits of randomly bursting into song or channelling an '80s TV show for an impromptu impression are endearing 99 per cent of the time.

3

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Is it loopy to keep cursive in class?

Put down your pencils. As cursive writing loses steam in schools across North America, experts way in on the pros and cons of a former classroom staple

The swirling lines from Linden Bateman's pen have been conscripted into a national fight to keep cursive writing in the classroom.

In years gone by, cursive helped distinguish the literate from the illiterate.

But now, in the digital age, people are increasingly communicating by computer and smartphone. No handwritten signature necessary.

Call it a sign of the times. When the new Common Core educational standards were crafted in the U.S., penmanship classes were dropped. But at least seven of the 45 states that adopted the standards are fighting to restore the cursive instruction.

The argument for cursive

Bateman, a 72-year-old state representative from Idaho, says cursive conveys intelligence and grace, engages creativity and builds brain cells.

"Modern research indicates that more areas of the human brain are engaged when children use cursive handwriting than when they keyboard," said Bateman, who handwrites 125 ornate letters each year. "We're not thinking this through. It's beyond belief to me that states have allowed cursive to slip from the standards."

Why was it dropped?

U.S. state leaders who de-



Cursive writing is no longer being taught in many schools in the U.S. as some 45 states have adopted Common Core standards, which have eliminated the teaching of cursive writing. AL BEHRMAN / THE ASSOCIATED PRESS

veloped the Common Core — a set of preferred K-12 course offerings for public schools — omitted cursive for a host of reasons, including an increasing need for children in a digital-heavy age to master computer keyboarding and evidence that even most adults use some hybrid of classic cursive and print in everyday life.

"If you just stop and think for a second about what are the sorts of skills that people are likely to be using in the future, it's much more likely that keyboarding will help students succeed in careers and in school than it is that cursive will," said Morgan Polkoff, an assistant professor

of K-12 policy and leadership at the University of Southern California.

The movement to have cursive restored

U.S. states that adopted Common Core aren't precluded from deviating from the standards. But in the world of education, where classroom time is limited and performance stakes are high, optional offerings tend to get sidelined in favour of what's required.

That's why at least seven states — California, Idaho, Indiana, Kansas, Massachusetts, North Carolina and Utah — have moved to keep the cursive requirement. Legislation passed in North Carolina

and elsewhere couples cursive with memorization of multiplication tables as twin "back to basics" mandates.

Cursive advocates cite recent brain science that indi-

cates the fluid motion employed when writing script enhances hand-eye co-ordination and develops fine motor skills, in turn promoting reading, writing and cognition

What are the implications?

Adults unable to write cursive might think back to the experiences of Jacob Lew when President Barack Obama nominated him as treasury secretary in 2013.

- As treasury secretary, Lew's signature would be on U.S. currency. But that signature looked more

like a series of loops than the distinct letters in his name.

- "Jack assured me that he is going to work to make at least one letter legible in order not to debase our currency," the president joked at the time.

Not so fast!

"We're not thinking this through. It's beyond belief to me that states have allowed cursive to slip from the standards."

Linden Bateman
U.S. state representative, Idaho

skills.

They further argue that scholars of the future will lose the ability to interpret valuable cultural resources — historical documents, ancestors' letters and journals, handwritten scholarship — if they can't read cursive. If they can't write it, how will they communicate from unwired settings like summer camp or the battlefield?

"The Constitution of the United States is written in cursive. Think about that," Bateman said.

What do the students and teachers think?

All the fuss seems a bit loopy to certain members of gens X, Y and Z — which have diverged increasingly from handwriting to computers.

The volume of first-class mail at the U.S. Postal Service fell in 2010 to its lowest level in a quarter-century, just as computer use — and the keyboarding it involves — was surging.

Some 95 per cent of teens use the Internet, and the percentage using smartphones to go online has grown from 23 per cent in 2011 to 37 per cent today, according to the Pew Research Center. A 2012 Pew report found the volume of text messages among teens rose from 50 a day on average in 2009 to 60 a day on average two years later.

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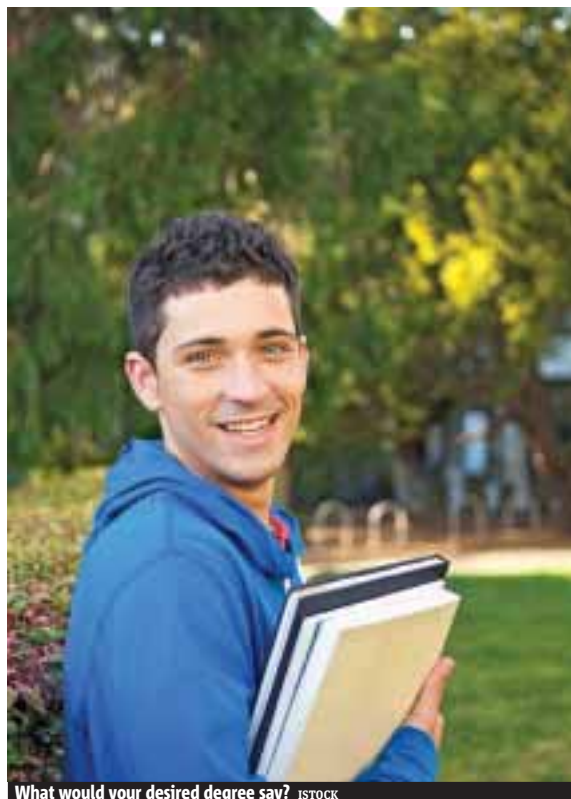
Individualized majors aren't for slackers

Hitting the custom-built books. Want to be the only person applying for biomimicry designs when you graduate? Go ahead and make your major

JULIA WEST
Metro World News

You could go to school for just about anything, within reason. Whatever your interests are, there's a school for that. But what happens when there isn't a major that teaches the specific studies you wish to learn? Dedicated students have found that sometimes, if what you want isn't being offered, you need to resort to a self-designed major. Beware, though — this track is not for everyone.

Before you start applying for an individualized major at your school, consider not only your goal, but your



What would your desired degree say? ISTOCK

Perks of picking

"Students in these programs achieve a much higher and more integrated understanding of the core ideas of their major, and how each constituent part fits in."

Joseph E. Devine
Of Carnegie Mellon University

work ethic and your ability to organize and communicate these thoughts to faculty members.

"Do not think of the student-defined option as a way around the more difficult parts of existing majors," warns Joseph E. Devine, associate dean of Dietrich College of Humanities and Social Sciences at Carnegie

Mellon University in Pittsburgh.

Colleges tend to require a rigorous application process.

Kevin Egan is the director of interdisciplinary inquiry at Drexel University in Philadelphia, and he believes that Drexel's lengthy application process makes some students reconsider self-designed majors. "I've seen an increase of

students expressing interest in individualized majors — probably over 100 students," says Egan. "But quite a lot don't ever go through the application process, and I think it's because of the amount of work that's involved."

The payoff, however, is worth it. "Students who are a good fit for this program are

the ones inspired by wanting to solve real world problems," explains Egan.

"It can be something large, like sustainability, and they already have the right mindset because these problems aren't owned by one area of study."

That's a notion that schools can agree upon. Paul-

ette Hutchinson, the dean of Undergraduate College at Rosemont College in Philadelphia, agrees.

"The purpose of an individualized major is to provide options to a student who is interested in something that does not fall within the parameters of a single discipline," she says.



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Vanilla-infused Fruity Crème Brûlée makes for light ending

Want a treat after a hearty dinner that isn't too heavy? This crème brûlée with its surprising fruit finish is the perfect choice.

1. Divide berries evenly in bottom of four, oven safe (4 oz/118 ml) ramekins.
2. Spoon 1/3 cup (75 ml) yogurt into each ramekin, over top of berries.
3. Sprinkle yogurt in each ramekin with 1 tbsp (15 ml) sugar.

Ingredients

- 6 tbsp (90 ml) fresh berries (such as raspberries, blueberries or sliced strawberries)
- 1 1/3 cups (325 ml) Yoplait Yop! Greek Yogurt – Va-Va Vanilla Bean
- 4 tbsp (60 ml) granulated sugar or brown sugar, depending on method used for last step



This recipe serves four. JJ THOMPSON

4. Holding kitchen torch 3 to 4 inches (7.5 to 10 cm) away from yogurt, caramelize sugar by heating with torch about 2 minutes, moving flame continuously over sugar in circular motion until sugar is melted

and light golden brown. If you don't have a kitchen torch, you can also use your broiler. The results will be slightly different though and it is recommended that you use brown sugar instead of granulated sugar.

Preheat your broiler. Sprinkle each serving with 2 tsp (10 mL) brown sugar. Place ramekins on a baking sheet and place 4 inches (10 cm) from broiler and broil until sugar is melted.

COURTESY YOPLAIT CANADA

Healthy eating

Choose it and lose it



ROSE REISMAN
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Who doesn't love street meat? When you're on the go, it's a great lunch solution — but the wrong choice will have you filling up on calories and fat.



Sausage on bun with fried onions, cheese sauce, peppers

887 calories/55 g fat

Street vendors selling greasy sausages will put your blood pressure and cholesterol off the charts.

Equivalent

A sausage on a bun with fried onions, cheese sauce and peppers is equal in calories to nine M&M Meat Shop mesquite steaks.



2 hot dogs on small buns with mustard, relish and ketchup

388 calories / 22 g fat

You're better off enjoying two small hot dogs with half the fat and calories.



Dessert. Grape Frangipane Tart

Here's a recipe for a family dinner table triumph: a dessert that's refreshing, elegant and rich, yet not heavy or overly sweet.

The Grape Frangipane Tart looks like a jewel and tastes like a dream with juicy grapes and the complementary flavour of almonds.

Begin with your favourite tart dough recipe or purchase the best tart shell you can buy ready-made from your grocer's freezer selection. Whipped cream is the perfect topping.

1. Preheat oven to 375 F.
2. Line a 10-inch tart pan with pastry. Arrange grapes in decorative rings in pastry.
3. In an electric mixer combine almond paste, egg, sugar, butter, flour, and salt until smooth to create frangipane.
4. Carefully spread over arranged grapes and bake for 35 minutes, until the tart is



golden brown and cooked through. If using a convection oven, bake at 350 F for 30 minutes.

5. When tart is cool, remove from pan and dust with confectioners' sugar.

NEWS CANADA

Ingredients

- 1 tart pastry, single crust for 10-inch tart
- 3 1/2 cups red or black seedless California grapes
- 2 oz almond paste
- 1 large egg
- 1/4 cup sugar
- 1/4 cup butter
- 2 tbsp flour
- Pinch salt
- Confectioners' sugar

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2022 World Cup

Workers being exploited in Qatar, report alleges

An international human-rights group has catalogued alleged human-rights abuses in Qatar in connection to construction projects for the 2022 World Cup, and called on FIFA to ensure the exploitation of migrant workers ends.

In a report published Sunday, Amnesty International warned that migrant workers are exposed to dangerous working conditions, poor standards of accommodation and the non-payment of wages.

THE ASSOCIATED PRESS

NASCAR

Johnson adds another title

Back on top with only two NASCAR greats left to catch, Jimmie Johnson won his sixth championship in eight years Sunday.

Johnson was on cruise control at Homestead-Miami Speedway, where he needed only to finish 23rd or better to wrap up the title.

THE ASSOCIATED PRESS

NHL

Senators stung by Blue Jackets

R.J. Umberger had the eventual winner as the Columbus Blue Jackets scored three straight power-play goals on Sunday to defeat the Ottawa Senators 4-1.

Ryan Johansen and Fedor Tyutin also scored with the man advantage for Columbus.

THE CANADIAN PRESS



Jets defenceman Dustin Byfuglien blocks Mikael Granlund's pass to Wild teammate Dany Heatley in front of goalie Ondrej Pavelec on Sunday night in St. Paul, Minn. The Jets had their four-game win streak snapped in a 2-1 loss. ANNAH FOSLIEN/GETTY IMAGES

Mikko helps Wild inherit win over Jets

NHL. Winnipeg shoots blanks in punchless trip to St. Paul, Minn.

Mikko Koivu scored two goals, including the winner with 3:12 remaining, and the Minnesota Wild extended their winning streak to four games with a 2-1 victory over the Winnipeg Jets on Sunday.

Josh Harding made 21 saves for his 12th victory.

The Wild have an eight-

game points streak (7-0-1) and pulled into second place, two points behind Chicago, in the Central Division. They also extended their home winning streak to six games and are 10-1-2 at home.

The Jets had a four-game winning streak snapped.

Koivu doubled his goals total for the season. He scored his third goal of the season in a first period dominated by Minnesota, which held the Jets to just two shots on goal. Koivu corralled a pass from Zach Parise in the slot and sent

On Sunday

2

Wild

1

Jets

a quick wrist shot past Ondrej Pavelec at 16:37.

Parise's assist gave him 13 points in his past 12 games.

The Jets rebounded with a strong second period, outshoot-

ing the Wild 14-8, but didn't score until Dustin Byfuglien parked in the crease and deflected a slap shot from Bryan Little to tie the score at 1-1 just 54 seconds into the third.

Koivu put the Wild ahead at 16:48 of the third. He one-timed a pass from Charlie Coyle, who fought off a check from Keaton Ellerby in the right corner, to the short side of the net, slipping it past Pavelec.

The Jets pulled Pavelec with just under a minute to play, but didn't manage a shot on goal.

THE ASSOCIATED PRESS

Wild ride ahead for Grey Cup week in Regina



Riders quarterback Darian Durant threw for three touchdowns and 280 yards in Sunday's West final win over theStampeders. THE CANADIAN PRESS

The dream scenario for the host city of a Grey Cup is having the home team in it.

The Saskatchewan Roughriders made the Regina organizing committee and their fans happy Sunday with a 35-13 upset of the Calgary Stampeders in the West Division final.

Chants of "Henry, Henry" rang out in the visitors' locker room at McMahon Stadium. Saskatchewan will face the Hamilton Tiger-Cats and quarterback Henry Burris in the Grey Cup at Mosaic Stadium.

The Roughriders will attempt to become the third

CFL playoffs

35

Roughriders

13

Stampeders

host team in a row to win the CFL's championship trophy. The Argonauts beat Calgary in Toronto last year to take the Cup and the B.C. Lions won it in Vancouver in 2011.

"That's another part of the

storyline, but for us, it's about having a Grey Cup at home," Roughriders quarterback Darian Durant said. "We know how hard it is to come to Mosaic for opposing teams. To have (40,000) or 45,000 Rider fans, it's going to be great."

The Ticats punched their ticket to this year's Grey Cup with a 36-24 win over the Argos in the East final earlier Sunday.

This year's Grey Cup features teams that finished second in their respective divisions and needed to win division semifinals and finals to get there.

"We know Rider Nation is fired up," Durant said. "They deserve it and it's going to be a fun week."

Saskatchewan last played in the Grey Cup in 2009 and 2010 and lost to the Montreal Alouettes in both games.

Calgary boasted the best regular-season record in the CFL at 14-4, but could not hang on to the ball Sunday. The No. 1 offence in the regular season had seven turnovers and had possession for just eight minutes and 43 seconds in the first half.

THE CANADIAN PRESS

4 SPORTS

Belt offers GSP little consolation after controversial win

UFC 167. Fighter hints at retirement after five-round beatdown

Peeking over his shiny championship belt, Georges St-Pierre looked anything but a winner at the UFC 167 post-fight news conference.

His battered face looked like he had been in a car crash.

Perhaps more worrying was the hidden hurt inside.

Moments after winning a controversial razor-thin split decision over No. 1 contender Johnny (Bigg Rigg) Hendricks on Saturday night, the battered UFC welterweight champion hinted at retirement in cryptic post-fight comments in the cage — citing unexplained personal issues and the need



Georges St-Pierre at the post-fight press conference. THE CANADIAN PRESS

to step away — before being transported to hospital.

When he returned to the MGM Grand Garden Arena midway through the post-fight news conference, the Canadian poured gasoline on the fire.

"I can't sleep at night now. I'm going crazy," he said. "I have issues. I need to relax. I need to get out for a while. I don't know what I'm going to do."

He declined to detail the issues. UFC president Dana White, after meeting privately with the 32-year-old from Montreal, said St-Pierre's personal problems "aren't as bad as he thinks they are."

For White, it was a nightmare finale to a card billed as a celebration of the UFC's 20-year anniversary.

White was irate that two of the three judges had scored the fight 48-47 for the champion, giving him three of the five rounds and a split decision. And then he heard his pay-per-view king say out of the blue that he was walking away from the sport — for how long, nobody knew. THE CANADIAN PRESS



Blazers burn T.O. in OT

The Raptors' Rudy Gay goes to the basket against the Portland Trail Blazers' Nicolas Batum in Toronto on Sunday. The Raptors lost in overtime 118-110. Damian Lillard and LaMarcus Aldridge scored 25 points each as Portland shot its way to a 115-110 overtime victory over Toronto. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Curling

Koe clinches Grand Slam with win vs. Gushue

Calgary's Kevin Koe edged Brad Gushue of St. John's 5-4 at the Grand Slam of Curling Canadian Open final on Sunday.

With the match tied at four heading into the eighth end, Koe scored a single in the final end to seal his victory.

"It feels great," said Koe, who has now won two Grand Slam events after taking the 2012 Masters. "Obviously, when you make a big shot at the end to win, it feels even better and makes it more exciting."

The Calgary rink came out strong, putting up two points in the first end, but Gushue responded with two of his own to tie the game in the third.

Gushue took the lead with a single point in the fourth, and Koe responded with two in the sixth for a 4-3 edge before Gushue added one point in the seventh to tie it up.

THE CANADIAN PRESS

Winnipeg Transit

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News worth sharing.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	20	14	6	0	64	50	28
Boston	19	12	6	1	53	36	25
Toronto	20	12	7	1	57	47	25
Detroit	21	9	5	7	54	60	25
Montreal	21	10	9	2	52	45	22
Ottawa	20	8	8	4	58	62	20
Florida	21	5	12	4	46	70	14
Buffalo	22	5	16	1	41	68	11

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Washington	21	12	8	1	69	59	25
Pittsburgh	20	12	8	0	56	47	24
NY Rangers	20	10	10	0	42	50	20
Carolina	20	8	8	4	39	55	20
New Jersey	20	7	8	5	42	49	19
NY Islanders	21	8	10	3	61	68	19
Columbus	20	7	10	3	52	57	17
Philadelphia	19	7	10	2	35	48	16

Sunday's results

Columbus 4 Ottawa 1
Washington 4 St. Louis 1
Los Angeles 1 NY Rangers 0
Chicago 5 San Jose 1
Dallas at Vancouver
Winnipeg at Minnesota

Saturday's results

NY Rangers 1 Montreal 0
NY Islanders 5 Detroit 4 (SO)
Toronto 4 Buffalo 2

WESTERN CONFERENCE

	GP	W	L	OL	GF	GA	Pt
Chicago	21	14	3	4	78	61	32
St. Louis	19	13	3	3	66	46	29
Colorado	19	14	5	0	59	41	28
Minnesota	20	12	4	4	53	43	28
Dallas	19	10	7	2	56	55	22
Winnipeg	21	10	9	2	56	59	22
Nashville	20	9	9	2	46	63	20

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	22	15	5	2	71	56	32
San Jose	21	13	3	5	72	50	31
Phoenix	21	14	4	3	73	66	31
Los Angeles	21	14	6	1	58	46	29
Vancouver	21	11	7	3	55	56	25
Calgary	20	6	11	3	54	75	15
Edmonton	22	5	15	2	53	83	12

Note: Two points for a win, one point for overtime loss.

New Jersey 4 Pittsburgh 1
St. Louis 4 Carolina 2
Phoenix 6 Tampa Bay 3
Nashville 7 Chicago 2
Florida 4 Colorado 1
Edmonton 4 Calgary 2

Monday's games — All Times Eastern
Boston at Carolina, 7 p.m.
Anaheim at Pittsburgh, 7:30 p.m.
Calgary at Winnipeg, 8 p.m.

MLS PLAYOFFS

CONFERENCE CHAMPIONSHIPS

(Two-game series)

EASTERN CONFERENCE

KANSAS CITY VS HOUSTON

Leg 1 — Saturday, November 9
Houston 0 Kansas City 0

Leg 2 — Saturday, November 23
Houston at Kansas City, 7:30 p.m.

WESTERN CONFERENCE

REAL SALT LAKE VS PORTLAND

Leg 1 — Sunday, November 10
Real Salt Lake 4 Portland 2

Leg 2 — Sunday, November 24
Real Salt Lake at Portland, 9 p.m.

CFL PLAYOFFS

DIVISION FINALS

EAST DIVISION

Sunday's result
Hamilton 36 Toronto 24

WEST DIVISION

Sunday's result
Saskatchewan 35 Calgary 13

101st GREY CUP

Sunday, Nov. 24 — All Times Eastern
Hamilton vs. Saskatchewan, 6 p.m.

DIVISION SEMIFINALS

Sunday, Nov. 10
Hamilton 19 Montreal 16 (OT)
Saskatchewan 29 B.C. 25

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	9	1	.900	—
Miami	7	3	.700	2
Chicago	5	3	.625	3
Philadelphia	5	6	.455	4 1/2
Atlanta	6	4	.600	3
Charlotte	5	5	.500	4
Orlando	4	6	.400	5
Detroit	3	5	.375	5
Toronto	4	7	.364	5 1/2
Boston	4	7	.364	5 1/2
Cleveland	4	7	.364	5 1/2
New York	3	6	.333	5 1/2
Brooklyn	3	6	.333	5 1/2
Washington	2	7	.222	6 1/2
Milwaukee	2	7	.222	6 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	9	1	.900	—
Portland	8	2	.800	1
L.A. Clippers	7	3	.700	2
Golden State	7	3	.700	2
Oklahoma City	6	3	.667	2 1/2
Houston	7	4	.636	2 1/2
Minnesota	7	4	.636	2 1/2
Dallas	6	4	.600	3
Phoenix	5	4	.556	3 1/2
Memphis	5	5	.500	4
Denver	4	5	.444	4 1/2
New Orleans	4	6	.400	5
L.A. Lakers	4	7	.364	5 1/2
Sacramento	2	7	.222	6 1/2
Utah	1	10	.091	8 1/2

Sunday's results

Portland 118 Toronto 110
Memphis 97 Sacramento 86
Detroit at L.A. Lakers

Saturday's results

Dallas 108 Orlando 100
Cleveland 103 Washington 96
Miami 97 Charlotte 81
Atlanta 110 New York 90
New Orleans 135 Philadelphia 98
Minnesota 106 Boston 88
Houston 122 Denver 111
Chicago 110 Indiana 94
Oklahoma City 92 Milwaukee 79
L.A. Clippers 110 Brooklyn 103
Golden State 102 Utah 88
Monday's games — All Times Eastern
Portland at Brooklyn, 7:30 p.m.
Charlotte at Chicago, 8 p.m.
Denver at Oklahoma City, 8 p.m.
Philadelphia at Dallas, 8:30 p.m.
Golden State at Utah, 9 p.m.
Memphis at L.A. Clippers, 10:30 p.m.

Horoscopes

Aries

March 21 - April 20

From this week things can only get better. No, really! Keep telling yourself that your luck is on the turn and in a matter of days you will be seeing concrete evidence that it is.

Taurus

April 21 - May 21

The lesson you need to learn this week is that not even a Taurus can do it all on their own.

Gemini

May 22 - June 21

The more you give the more you get in return. That applies to all aspects of your existence but especially to partnerships of a personal nature.

Cancer

June 22 - July 23

What can you do to make a loved one's life more enjoyable? You are well aware they have made sacrifices for you, now you must consider what they need from you in return.

Leo

July 24 - Aug. 23

It may be frustrating that so many little things are going wrong but don't let it get to you. Come the end of the week a new phase will begin and suddenly it will all start going right for you again – the little things and the big things.

Virgo

Aug. 24 - Sept. 23

You know you cannot escape from the consequences of your actions so don't waste time trying.

Libra

Sept. 24 - Oct. 23

In every enterprise there comes a time when you have to choose whether to carry on and give it your all or admit that it no longer inspires you and call it a day.

Scorpio

Oct. 24 - Nov. 22

An issue you have been avoiding has now to be faced. You have just four days to get your act together and resolve the situation – after that the matter will be taken out of your hands.

Sagittarius

Nov. 23 - Dec. 21

A few days from now the Sun will enter your sign and a new cycle will begin. Before then you must tie up loose ends, be they personal or professional, that might hold you back.

Capricorn

Dec. 22 - Jan. 20

Make the most of the Sun's final few days in the friendship area of your chart to have fun with people whose outlook and interests match your own.

Aquarius

Jan. 21 - Feb. 19

You have a tendency to say what is on your mind, even when it might be wise to stay quiet, and someone in authority won't be amused by your honesty today.

Pisces

Feb. 20 - March 20

For some reason you have started to doubt a colleague's loyalty but what happens over the next few days will reassure you they are still on your side.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Cdn. place to buy stuff on TV
4. Actress Cheryl, and surnamesakes
9. Peru's past persons
14. Manfred Mann's "Do ___ Diddy Diddy"
15. Towards-the-rear
16. Actor Peter O'Who?
17. Will Smith movie
18. Wilderness-sub-sisting show starring Canadian Les Stroud
20. ___ Gritty Dirt Band
22. Some windows
23. Becomes soaked wet
24. Swag
26. Identical
27. Jimmy ___ (Shoe designer)
28. Blackthorn fruits
30. Canada, HMCS
31. ___ The States, ___
31. ___ Nogait National Park, NWT
34. Good ___
36. Trojan War advice-giver
37. Moviedom's Mr. Mulroney
41. Namesakes of Canadian musician Mr. Juvanen, aka Bahamas
44. Fork over dough: 2 wds.
45. "You're it!" game
48. Tutu textile
50. Finals
51. Stare
53. Baseball great

- Willie
54. Coca-Cola guru Mr. Candler, and others (b.1851 - d.1929)
55. Blunders
57. Paris bridges
59. Terrain of trains and tracks: 2 wds.
61. Method
64. This planet

65. No, in slang
66. Farm female
67. Tees' predecessors
68. Patricia of movies, and others
69. Chem. ending

Down

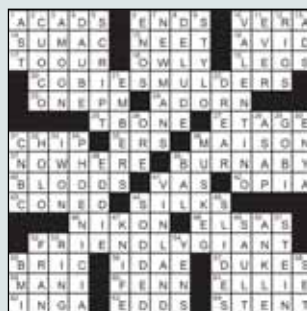
1. Ex-airline
2. Mr. Mineo

3. Winds from The Rockies
4. Holds out
5. Adjoin
6. "Splash" (1984) star Ms. Hannah's
7. Old Rome's 605
8. Vehicles launched in 1959 by Canadian inventor Joseph-Armand Bombardier

- (b.1907 - d.1964)
9. "Ripley's Believe ___ Not!": 2 wds.
10. Standards
11. Baie-___, Quebec
12. Startles
13. Has a gut instinct
19. What Tom Mul-cair supporters do in elections: wd. + acr.
21. "___ Feeling" by

- The Black Eyed Peas
23. Elisabeth of "CSI: Crime Scene Investigation"
25. 'Motor' suffix
27. Type of package [abbr.]
29. Steve Winwood's "While You ___ Chance"
32. Big sch. in Canada's largest city, ___
33. "Lay It on the Line" Canadian band
35. Most sardonic
38. British Columbia range, ___ Mountains
39. Lute-like instruments
40. "Private Dancer" singer's initials-sharers
42. Skin stuff
43. Tricky
45. Certain candy
46. Ancient shopping spots
47. Adhesive appliers
49. Spain, in Spanish
52. A-list
54. Tennis great Mr. Roddick's
56. "Icky-pool!" equivalents
58. Kind of agreement
60. Saskatoon's airport code
62. Have
63. Tiny

Friday's Crossword

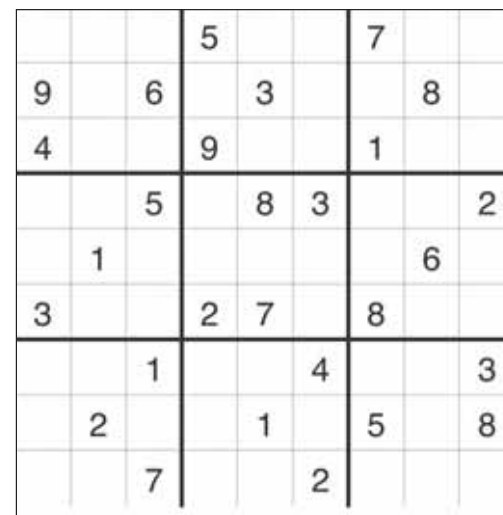


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Weather

TODAY

TUESDAY

WEDNESDAY



MAX: -5°
MIN: -9°



MAX: 3°
MIN: -7°



MAX: -4°
MIN: -7°



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